

HEALTH AND WELLNESS

The W.E.B. Du Bois Health and Wellness Team is committed to identifying and making the appropriate connections to assist all of our students in obtaining whatever it takes to be healthy and to receive a quality education. Shelby County has the highest percentage of unhealthy weights in Tennessee which result in an increased number of early diagnosed Type II Diabetes. Du Bois has a licensed Registered Dietitian on staff to direct programs and activities to promote healthy eating, exercises and activities.

NUTRITION SERVICES

WELL CHILD

HEALTHY CHOICES

PARENT INVOLVEMENT

CALENDAR OF EVENTS

**BREAKFAST/LUNCH
MENUS**

COMMENTS/CONCERNS

CONTACT US



Mrs. Regina Haley, Director

I am a graduate of the Shelby County School System. I received my undergraduate and graduate degrees from the University of Memphis in Nutrition and Public Health Administration. I have worked with the health concerns of people ranging from infancy throughout the life cycle.